

Sacred Heart Canossian College Alumnae Association

Mentorship Programme

Objectives of the Programme

- To establish links between alumnae and Sacred Heart students
- To enable sharing of experience in further studies, career development and interpersonal skills
- To widen students' horizon and prepare them for the future challenge after leaving school

Who will be the mentors?

- Alumnae with work experience or who are undergoing further studies

Who will be the mentees?

- Sacred Heart students in Form 6 and 7 who are members of the Alumnae Association

How many mentees will be assigned to each mentor?

- One or two mentees will be assigned to each mentor

On what basis will the mentees be assigned?

- As far as possible, we will match the mentors' professions with the fields in which the mentees are interested. There may be cases where a perfect match is not possible. However, we think mentees will benefit from having general advice from their mentor and sharing life experience with each other during the course of contact.

How long will the programmes last?

- The formal cycle is one year. However, mentors and mentees may become good friends and the relationship could be maintained as long as they wish.

How frequent should the mentors meet their mentees?

- It is entirely up to individual mentor and mentee to decide, a monthly contact is recommended to enable both sides to get acquainted more with each other.

Are there any “don’ts” which participants should bear in mind?

- In most cases, common sense should apply. Mentees are advised to keep their parents or guardians informed of all activities with their mentors. Moreover, mentor and mentees should refrain from having any monetary dealings.

Your participation will help make this programme a success.

Don’t hesitate. Enrol now!!

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